



SkillsUSA National Culinary Arts Competition 2024

Sample Common Ingredients Subject to change based on availability

| Dry Goods | Produce | Dairy |
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| <ul style="list-style-type: none"> • AP Flour * • Sugar • Sugar 10X • Baking powder • Baking soda • Corn Meal • Couscous * • Corn starch • Short grain rice • Long grain rice • Orzo pasta* • Lentils • Quinoa • Bread (Baguette)* • Panko • Honey • Canola oil • Extra virgin olive oil • Dijon mustard • Almonds* • Walnuts* • Tomato puree • White wine vinegar • Red wine vinegar • Asst. dry spices • Chicken base • Beef base • Red wine • White wine • Vanilla Extract | <ul style="list-style-type: none"> • Apples • Lemons • Limes • Ginger • Garlic • Onions • Scallions • Shallots • Leeks • Carrots • Green Beans • Broccoli • Cucumber • Celery • Red Bell Peppers • Mushrooms • Green Leaf Lettuce • Chard • Spinach • Assorted fresh herbs • Parsley • Red Potatoes • Tomatoes | <ul style="list-style-type: none"> • Butter* • Cream* • Milk* • Oat Milk • Eggs* • Cheddar Cheese* • Parmesan Cheese* • Blue Cheese* • Land O'Lakes Clarified Butter* |

*Allergens