



SkillsUSA®

CHARGE

A SKILLSUSA CHAPTER OFFICER VIDEO SERIES

ACTIVITY GUIDE

EP 4: Being a Four Pillars Chapter Officer

Trust

Building trust with chapter members is key for building high-quality relationships. Trust is defined as “reliance on the integrity, strength, ability, character or trust of someone or something.” Think about experiences you’ve had that have shaped your attitude toward trust.

Why is building and maintaining trust key in creating high-quality relationships?

Think about what happens to the relationship when trust is broken. Identify two times when you saw a lack of trust that was problematic on a team or in your chapter, and list the problems caused.

- 1.
- 2.

Brainstorm three ways you can build or improve trust with your chapter members:

- 1.
- 2.
- 3.

How will establishing trust with chapter members propel them forward in accomplishing a goal?

Compassion

Compassion allows us to build relationships with chapter members. Compassion is demonstrated in meeting the needs of others, because it includes thinking about others before one's self. Let's recognize behaviors of a compassionate leader.

Evaluate the statements and determine if they demonstrate compassion. Write "Yes" if the action demonstrates compassion and "No" if it does not.

Statement	Yes/No
I make eye contact when talking with others.	
If a member is having a hard day, I tell them to get over it.	
I judge others if they do not work as hard as I do.	
I forgive mistakes easily and do not hold grudges.	
I ignore members that seem to be disengaged.	
When resolving a conflict, I respect all parties and viewpoints, and I seek mutual resolution.	
I focus more on talking than listening to members.	
I look for ways to get involved when someone needs help or is having a bad day.	

List three things your chapter can do to increase compassion between members:

- 1.
- 2.
- 3.

Stability

Leaders show stability by being consistent in their actions and holding tight to core values, even in difficult times. Stability is a function of keeping our words and actions in line with our values and being steady and consistent in them. Identify your behaviors in relation to being stable leaders. Rate yourself on a scale of 1 to 3 on the following statements.

1= Rarely

2= Sometimes

3= Always

Statement

1, 2 or 3

I am dependable.	
I balance my responsibilities.	
My behavior is consistent, even in a difficult situation.	
I handle stress in healthy ways.	
I ask for help when I need it.	
I make good choices that reflect my values instead of being influenced by popular opinion.	
My work consistently shows my best effort.	
I stand up for what I believe is right, even if it is not the popular opinion.	
I do not get rattled or nervous when confronted with new or difficult situations.	
I am present to do my job and not distracted by other work, social media or outside drama.	
Others can predict my behavior in different circumstances because I am consistent.	

Identify two statements that identify where you need the most improvement in the area of stability as a leader. Choose from the list above. How will you work to improve on these two areas?

1.

2.

Hope

Hope keeps others engaged because they can see themselves contributing to a meaningful future. Hopeful chapter officers are excited and optimistic about what the chapter – and individuals within it – can accomplish. Chapter leaders also communicate their vision to members and inspire confidence in their work!

How does setting reasonable and attainable goals create a feeling of hopefulness in chapter members?

What planning tools can your chapter members use to make goals a reality?

What attitudes can you demonstrate to inspire hope in chapter members, and how do these attitudes affect them?

Under each letter, write a sentence describing actions you can take to inspire hope in your chapter members. Start the sentence with the respective letter of HOPE.

(ex: Hard work exhibited by chapter officers will inspire chapter members to achieve chapter goals.)

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