**STEP 1**

Go to [https://absorb.skillsusa.org/](https://absorb.skillsusa.org/)

**STEP 2**

- Log in and go to “my courses”

**STEP 3**

- Click on 2022-2023 Professional Member Benefits Package. After clicking on the tile, you should be able to see this screen (left).
HOW TO ACCESS YOUR PROFESSIONAL MEMBERSHIP BENEFITS THROUGH ABSORB

STEP 4

- Click ENROLL on the desired topic of the training.

STEP 5

- Select a date and time for the training.

AFTER ENROLLMENT

- You will receive a confirmation email with a calendar invite and a Zoom link to your email linked to Absorb.

DON’T FORGET...

- Remember to cancel your participation if you are NOT going to attend the training.