Skills USA National Competition - CPR/First Aid Equipment List

**Skill Station #1 - Scenario with AED**
- Equipment needed:
  - Live adult victim
  - Adult CPR manakin
  - Pocket mask with one-way valve (need a new one-way valve for each competitor)
  - AED trainer with adult and pediatric pads
  - Various sizes of gloves (need enough for each competitor to use a pair)

**Skill Station #2 – Scenario TBD**
- Equipment needed:
  - First-aid kit that includes:
    - 4x4 gauze pads
    - Hemostatic dressing (can be simulated by writing “hemostatic” across packaging)
    - Commercial, combat-style tourniquet intended for emergency bleeding control, such as a CAT tourniquet (not a tourniquet intended for use during blood draws or IV insertion)
    - 2” and 4” roller-gauze (multiple rolls)
    - Medical tape (cloth tape or clear tape is fine, 2” is preferred)
    - Other items typically found in a first-aid kit that are not relevant to the skill
  - Various sizes of gloves (need enough for each competitor to use a pair)

**Skill Station #3 - Emergency Scenario**
- Equipment needed:
  - First-aid kit that includes:
    - 4x4 gauze pads
    - Hemostatic dressing (can be simulated by writing “hemostatic” across packaging)
    - Commercial, combat-style tourniquet intended for emergency bleeding control, such as a CAT tourniquet (not a tourniquet intended for use during blood draws or IV insertion)
    - 2” and 4” roller-gauze (multiple rolls)
    - Medical tape (cloth tape or clear tape is fine, 2” is preferred)
    - Chemical cold pack (can be re-used multiple times after being activated)
    - Other items typically found in a first-aid kit that are not relevant to the skill
  - Various sizes of gloves (need enough for each competitor to use a pair)
  - A car, or chairs arranged in such a way to simulate a vehicle