

Skills USA Culinary-Post Secondary Competition 2017

Mystery Basket 1

1 each, 3 lb. chicken
1 lb. ox tail
1 oz. salt pork
2 oz feta cheese
½ lb. kale
½ lb. sugar snap peas
½ lb. shitake mushrooms
1 head romaine lettuce
½ lb rutabaga
1 lb. yukon gold potatoes
3 oz bulgur wheat
3 ea. plum tomatoes
1 cup red lentils

Mystery Basket 2

1 each, 3 lb. chicken
1 lb. beef cheek
2 slices bacon
2 oz ground turkey
½ lb. snow peas
1 lb. yellow squash
½ lb. oyster mushrooms
½ lb. arugula
½ lb. parsnips
1 lb. russet potatoes
3 oz. corn meal
3 ea. plum tomatoes
1 cup lentils

Mystery Basket 3

1 each, 3 lb. chicken
1 lb. pork loin
2 slices bacon
2 oz chicken liver
½ lb. haricot vert
1 lb. yellow squash
½ lb. pearl onions
1 lb. Belgium endive
1 lb. red (b) potatoes
3 oz. cous cous
3 ea. plum tomatoes
1 cup green split peas