

These PDP Lessons cover the following "Aims."

- Recognize stress factors, SK-6, p.64
- To have students develop an awareness of differences in cultures (cultural diversity) and equity issues
- To develop awareness of cultural diversity and equity issues
- Recognizing stress factors and being able to reduce them
- Self-improvement
- Civic social and business awareness, Level 2.12
- Serve as a volunteer in the community
- Organize and complete an employment portfolio
- Develop and make a presentation promoting your career choice.

## PDP Lesson Plan

### AIM:

Recognize stress factors, SK-6, p.64

### OBJECTIVE:

The student will be able to recognize some stress factors and learn how to deal with them.

### PREPARATION:

Paper, pencil

### MOTIVATION:

A student is driving to the Franklin County Fair at about 8 p.m. to see featured country singer. How could the driver avoid the stress created by driving in the heavy traffic?

### PRESENTATION:

Have student list 10 factors that cause stress and rate each factor on a scale of one to ten. Compare the responses. Ask the students if they know what causes stress and any technique they know to deal with stress.

### REFERENCES:

Use a local newspaper to find examples of "road rage"

### HOMEWORK:

Make a list of ten stress reducers and relate how the person with "road rage" could have dealt with the stress situation better. Present this to the class.

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

#### APPLIED

A1 - Problem Solving

A4 - Learning and Self Management / Tools and Techniques

A5 - Working with others / Tools and Techniques

## PDP LESSON PLAN

### AIM:

To have students develop an awareness of differences in cultures (cultural diversity) and equity issues and how they will affect students throughout their lives in their dealings with others.

### OBJECTIVE:

Students will become more aware of the diverse world in which we live: society trends, global community. Student will have a better understanding and respect for others of different ethnic backgrounds and abilities.

### PREPARATION:

Review amendments that lay foundation for equality of all / articles assembled regarding hate groups, civil rights organizations and any studies regarding trends / discuss historical background of discrimination in various forms.

### MOTIVATION:

Have students do a skit regarding discrimination / share experiences / pretend you are someone from a background different from yours.

### PRESENTATION:

Get gauge of students' experience with minorities or those different / touch on issues involving the handicapped or the emotionally disturbed

### REFERENCES:

Guest speaker, videos, interview / have people from different ethnic backgrounds visit classroom and share their experience.

### HOMEWORK:

Have student do essay on why it is important to be able to understand and respect other cultures and those of different capabilities / do reports on different holidays celebrated, etc.

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

E6 - Public Documents

#### CDOS

C3a - Universal Skills

#### APPLIED

A2 - Communication

## PDP LESSON PLAN

### AIM:

To develop awareness of cultural diversity and equity issues

### OBJECTIVE:

Student will be able to identify personal stereotypes that they own and operate according to

### PREPARATION:

Movie, voice, pen, paper

### MOTIVATION:

Set documentary film "Shadow of Hate," detailing intolerance in the U.S.

### PRESENTATION:

Class will review a list of attributes often given to diverse cultures and be asked to determine whether or not they agree. Then class will as a group discuss why they believe what they do. Then work on dispelling stereotypes will be discussed.

### REFERENCES:

?

### HOMEWORK:

No homework on Fridays

### STANDARDS:

#### ELA

E3 - Speaking, Listening, Viewing

E4 - Convention, Grammar, Usage of English Language

E6 - Public Documents

#### CDOS

C2 - Integrated Learning

C3a - Universal Skills

#### APPLIED

A2 - Communication

A4 - Learning and Self Management / Tools and Techniques

A5 - Working with others / Tools and Techniques

## PDP LESSON PLAN

### AIM:

Recognizing stress factors and being able to reduce them

### OBJECTIVE:

At the end of class/lesson, students should be able to recognize elements which bring them stress.

### PREPARATION:

Paper, and pens for "quiz"

Histogram for charting the stress factors

### MOTIVATION:

Record stresses

### PRESENTATION:

- Chart the stress histograms
- Students rate stress factors in their lives (using form on page. 64, SK-6)
- Identify stresses in common with other students
- Have a positive stress reducer

### REFERENCES:

Guest speaker

Internet information search about stress and how to handle stress

### HOMEWORK:

Have parents fill out stress factor scale in their lives (a parent and non-family member)

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

#### CDOS

C2 - Integrated Learning

C3a - Universal Skills

#### APPLIED

A1 - Problem solving

A2 - Communication

A3 - Information / Tools and Techniques

A4 - Learning and Self Management / Tools and Techniques

A5 - Working with others / Tools and Techniques

## PDP LESSON PLAN

### AIM:

Self-improvement

### OBJECTIVE:

Student will be able to identify effective work skills and behaviors

### PREPARATION:

List of possible mentors

Develop an evaluation sheet

Cold-call "scripted" telephone call

### MOTIVATION:

- 1 Bring in former students that have previous experience with program
- 2 Employment department representative to discuss job in community

### PRESENTATION:

Discuss:

- 1 Dress
- 2 Skill performance techniques
- 3 Respect to supervisors, peers, and customers
- 4 Respect to overall profession
- 5 Professional or labor affiliation

### REFERENCES:

Community Library |

Teacher

### HOMEWORK:

Do written evaluation of shadowing experience. See page 118.

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

E4 - Convention, Grammar, Usage of English Language

E6 - Public Documents

E7 - Functional Documents

#### CDOS

C1 - Career Development

C2 - Integrated Learning

C3a - Universal Skills

C3b - Career Majors

### APPLIED

**A1 - Problem Solving**

**A2 - Communication**

**A3 - Information / Tools and Techniques**

**A4 - Learning and Self Management / Tools and Techniques**

**A5 - Working with others / Tools and Techniques**

## PDP LESSON PLAN

### AIM:

Civic social and business awareness, Level 2.12

### OBJECTIVE:

The student will have neatly and accurately completed a job application

### PREPARATION:

2 Application Forms

Pencil with eraser (scratch copy)

Black or Blue pen

Telephone book or business source booklet

Social Security #, Driver's License

### MOTIVATION:

Work of Art

Rank sample applications - who would you hire?

### PRESENTATION:

Sample completed applications - critique - then who would you hire and why

5 applications, job position

Tips for filling out applications (job service) / Do's and Don'ts

### REFERENCES:

Job service personnel

Local employers

### HOMEWORK:

Complete final application (typed)

Complete I9, Birth certificate, basic info

Reference info: Names, address, phone #, permission (creditable)

### STANDARDS:

ELA

E1 - Reading

E2 - Writing

E4 - Convention, Grammar, Usage of English Language

E7 - Functional Documents

CDOS

C1 - Career Development

C3a - Universal Skills

APPLIED

A1 - Problem Solving

A2 - Communication

A3 - Information / Tools and Techniques

A4 - Learning and Self Management / Tools and Techniques  
A5 - Working with others / Tools and Techniques

## PDP LESSON PLAN

### AIM:

Serve as a volunteer in the community

### OBJECTIVE:

Plan and implement with confidence a community service project

### PREPARATION:

Research and assess community needs, develop list of possible projects, discuss feasibility of each, choose one project, develop project guide

### MOTIVATION:

Guest speakers

### PRESENTATION:

Mechanics (steps) to carry out a project

### REFERENCES:

City officials (engineer, public works)

### HOMEWORK:

Research projects that have been tried in other towns and how the projects were accomplished

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

E4 - Convention, Grammar, Usage of English Language

E6 - Public Documents

E7 - Functional Documents

#### CDOS

C3a - Universal Skills

#### APPLIED

A1 - Problem Solving

A2 - Communication

A3 - Information / Tools and Techniques

## PDP LESSON PLAN

### AIM:

Organize and complete an employment portfolio

### OBJECTIVE:

- Practice organizational skills to organize and complete a portfolio
- Able to update and polish portfolio over time as needed
- Able to present portfolio to employers effectively

### PREPARATION:

- Sample portfolios for students to examine as examples in several formats
- Tell students to bring in pieces of their work to include in the portfolio with sample of best work, resume, etc.
- Folders to use to hold completed product

### MOTIVATION:

- Story, portfolio can get you a job vs. no portfolio, no job, competitive edge
- Identify the uses of the portfolio, use to apply for scholarships / college/technical educ., get a job, etc.
- Emphasize you will use this throughout life, not just for this class

### PRESENTATION:

- Present samples, have students examine, critique, discuss, etc.
- Teacher give students some parameters on what needs to be included (resumes in different styles, cover letter, sample resignation letter, sample application, letters of recommendation, achievements, etc.)
- Students work on compiling portfolio

### REFERENCES:

- Reference on "how-to" write resumes, cover letters
- Personnel magazines with articles on what employers look for

### HOMEWORK:

Data collection, call for reference / gather info to include, etc.

Next class, present to small group

### STANDARDS:

#### ELA

E2 - Writing

E3 - Speaking, Listening, Viewing

E4 - Convention, Grammar, Usage of English Language

E7 - Functional Documents

#### CDOS

C1 - Career Development

#### APPLIED

**A2 - Communication**

**A3 - Information / Tools and Techniques**

**A4 - Learning and Self Management / Tools and Techniques**

## PDP LESSON PLAN

### AIM:

Develop and make a presentation promoting your career choice.

### OBJECTIVE:

The student will give a 5-minute oral presentation on a career of the student's choice, using visual aids and a list of at least 5 resources, one of which is an interview of a professional and no more than 1/2 the resources from the internet

### PREPARATION:

Internet access / Library access / Access to Professionals / Computer Access / Career Path Information for each student / Poster board / Notecards / transparencies / video camera / overhead projector / internet bookmarks

### MOTIVATION:

Bring in employment services or show a video to highlight some possible careers

### PRESENTATION:

Give a brief presentation on why you chose to be a teacher.

### REFERENCES:

Library, internet, employment services, guidance counselor, professionals, media specialist, art teacher

### HOMEWORK:

Developing written portion of speech and visual aids  
Practicing presentation  
Keeping a work log of time spent on development

### STANDARDS:

#### ELA

E1 - Reading

E2 - Writing

E3 - Speaking, Listening, Viewing

E4 - Convention, Grammar, Usage of English Language

E7 - Functional Documents

#### CDOS

C1 - Career Development

C3a - Universal Skills

C3b - Career Majors

#### APPLIED

A2 - Communication

A3 - Information / Tools and Techniques

A4 - Learning and Self Management / Tools and Techniques