

PDP Lesson Plan

3.10 Identify and Apply Conflict Resolution Skills

Time: One class period

Materials Needed: Access to Computer
Level 3 Student Workbook

Outcome:

Students will be able to develop strategies for resolving conflict and apply them to their daily lives.

Introduction:

Ask students “What does conflict resolution mean to you?” Discuss.

Breakdown “conflict” (have students give examples of conflict in their lives) and “resolution.” Define each term. With your students, develop a set of strategies that they can use anytime they run into conflict. Participation, sharing ideas and willingness to test new strategies will be required of students.

Instructions for Paper Version:

Ask students to read the introduction on Page 45. In small groups have students read the case studies and answer the questions in Activity 1. As a large group, have students use Activity 1 ideas to generate a list of some strategies to address conflict. Ask students to volunteer other techniques that they may already use. For example, “put yourself in other person’s shoes.”

In large groups have students discuss the possible roots of conflict such as miscommunication, differing values, opposing objectives, personality types. Have students elaborate on these “roots” from their own experiences. Emphasize that understanding roots of conflict help you to understand better how to address the issue(s).

Have students practice developing “I” vs. “you” messages in response to criticism. Remind them that “you” messages are an accusation of others or an attitude that places responsibility on others rather than one’s self. Have students revisit each scenario in Activity 1 and identify the root(s) of the conflict and how they could apply “I” messages when resolving each matter.

Have students complete Activity 2 on Page 47 and Activity 3 on Page 48.

Instructions for Online Version:

Ask students to complete online module 3.10.

Have students complete the worksheet. After completion of worksheet ask students to upload and send it to you for review.

Summary and Closure:

Revisit the objective and have students summarize conflict resolution strategies in their own words. Continue to reinforce their “testing” experiences.

Assessment:

Evaluation will be based on class participation, in-class discussion and group activity and assignment.

Optional Activities:

If using the online version, ask students to participate in the online collaboration activities in the module